

Job Posting

Position:	Cognitive Behavioral Therapy (CBT) Trainer
Location:	This position is virtual
Reports to:	Manager, Programs
Status:	Contract/ As-needed

The Institute for Advancements in Mental Health (IAM) is looking for highly skilled frontline professionals to support us to deliver our frontline training curriculum to professionals across the province.

About IAM

IAM has evolved out of four decades of mental health work, and was developed to bring viable and scalable solutions to the most urgent mental health issues affecting our society. Inspired by what innovation can do in community mental health, we created IAM to be agile and flexible in order to respond to the needs of those we serve. That means putting people — not diagnosis or illness — first.

About Frontline Training

Within communities across Ontario, workers in frontline settings are often the first to encounter an individual exhibiting signs of serious mental illness, and are oftentimes ill equipped to mitigate interactions where they may be signs of psychosis and situations escalate.

Building capacity amongst teams is a critical success factor. There is strong evidence that failure to access the necessary skills to work in these circumstances can lead to higher rates of burnout, job frustration and vicarious trauma. At an organizational level, this can help curb the potential for high turnover and poor staff retention, as well as enhance collective capacity to respond to individuals exhibiting signs of serious mental illness.

Frontline professionals can include community mental health professionals, public servants, site workers or supportive staff, or anyone who by nature of their work finds themselves unable to effectively engage or communicate with someone experiencing mental health issues.

Key Areas of Responsibility

- Deliver frontline training program curriculum virtually, on an as-needed basis
- Work collaboratively with IAM staff to adapt and modify curriculum based on ongoing feedback

Education and Experience

- Masters-level education and 3-5 years' experience, or an equivalent in education, training and experience, in the field of social services and/or psychotherapy
- Must be registered and in good standing with the Ontario College of Social Workers and/or the College of Registered Psychotherapists of Ontario and/or the College of Nurses of Ontario
- Must have CBT training and/or certification

- Skilled in crisis intervention and conflict resolution
- A demonstrated understanding and ability to work with individuals impacted by mental illness
- Previous experience training adult learners
- Strong verbal, written and presentation skills with a keen eye for detail
- Experience working within multi-disciplinary environments and diverse, vulnerable communities
- Understanding of frontline community work.

Relevant Skills and Attributes

- Strong sense of professionalism and an ability to represent the organization in an external setting
- Strong interpersonal skills and the ability to problem solve in a team setting
- Demonstrated time management and critical thinking skills
- Excellent organizational skills demonstrated in the ability to prioritize a consistent and varied workload, flexibility and adaptability to work
- Strong group facilitation skills
- Ability to contribute and work in an innovative mental health environment

Work Environment

- This position is virtual for the foreseeable future

To apply for this opportunity, please submit your resume and cover letter by Wednesday October 21 via email to info@iamentalhealth.on.ca. This posting will remain active until the position is filled.

As an employment-equity employer, IAM actively seeks Indigenous peoples, people from racialized communities, women and additional diverse identities for our organization.

We thank all applicants in advance, but only those elected for an interview will be contacted.